



*Peace*

## Rejuvenate your spirit

Nestled on more than 60 wooded acres in the foothills of the Adirondacks, The Good News Center offers many opportunities to relax your mind and nurture your soul.

Spend some time in prayer in one of our beautiful chapels or take a stroll outdoors on the Trail of Peace. Surrounded by nature, the Trail takes you through the Stations of the Cross and along the new Rosary Walk, which winds through our peaceful grounds.

The Good News also offers men's, women's and youth retreats. Contact us for information on additional family-related programming.

## Hold your next conference at The Good News

Ideal for your next business function, The Good News Center is the perfect spot for meetings, conferences and training. From our beautiful grounds to our large, functional facility, The Good News combines work with relaxation and reflection.

Conference and dining rooms are available, as well as onsite audio visual services and catered meals. The center can accommodate groups of 10 to 42 for overnight stays if desired. We are conveniently located less than one mile from NYS Thruway Exit 31 and provide a central location for travelers throughout the Northeast.



**The Marriage & Family Center  
at The Good News**  
(315) 735-6210  
[www.thegoodnewscenter.org](http://www.thegoodnewscenter.org)

# The Marriage & Family Center at THE GOOD NEWS



Helping you put  
family first

### Our Mission:

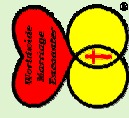
To Share the love of Jesus Christ through hospitality, spiritual renewal and support of parish and family life.



**The Marriage & Family Center  
at The Good News**  
10475 Cosby Manor Rd.  
Utica, New York 13502

# The Marriage & Family Center at The Good News

is helping to strengthen marriages and families by offering the following programs:



## Marriage Encounter

Rediscover your best friend at a Marriage Encounter weekend! Realize the full potential of your marriage with all the beauty, trust and love that God intended. The weekend is designed to expand and deepen the joys you and your spouse share together, whether you're newlyweds or have been married many years.

Marriage Encounter is not a retreat, marriage clinic or sensitivity course. The weekend is a positive experience between a husband and wife that revitalizes your relationship. This experience for married couples lasts from Friday evening to Sunday afternoon.



## Engaged Encounter

Engaged and planning a wedding? Then make an investment now for a joyful future together! Engaged Encounter is designed to give couples an opportunity to question, examine and deepen their relationship with each other and God. It's a chance for couples to openly and honestly discuss their prospective lives together.

This weekend experience for engaged couples lasts from Friday evening to Sunday afternoon.

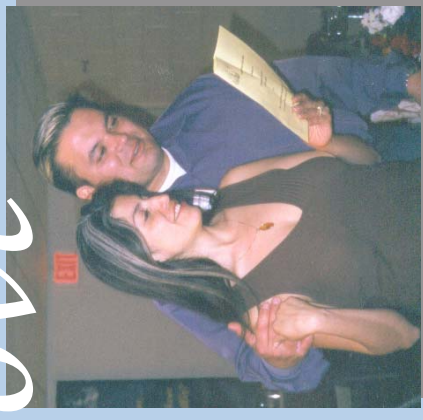


## Retrouvaille

If you are looking for a way to rediscover your marriage, then join us for this weekend experience. Retrouvaille - pronounced re•trō•vī, a French word meaning "rediscovery" - is designed for those in difficult marriages or for those separated or divorced who would like to reconcile. Retrouvaille helps couples put the pieces back together and build loving relationships.

This weekend experience lasts from Friday evening to Sunday afternoon. Follow-up workshops are held after the weekend to help support marriages as they learn to resolve conflicts together.

# Love



## The Third Option

Many couples consider just two ways: his way or her way. Now there is the Third Option. Break through the clutter of past baggage and misunderstandings and learn new ways to build stronger, more meaningful marriages through development of better understanding, greater sensitivity and trust, while learning more effective speaking and listening skills.

Come as a couple or alone to learn new tools to love. These two hour meetings are held every other week.



# Family

To register for a program or for more information, contact The Good News at (315) 735-6210 or log onto [www.thegoodnewscenter.org](http://www.thegoodnewscenter.org)